

# Autumn Menu 2021

 Added Plant Power

 Vegan

 Wholemeal

**Week One**  
6/09,  
27/09,  
18/10,  
15/11,  
06/12,  
10/01,  
31/01

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Macaroni Cheese	Beef Burger in a bun with Potato Wedges	Roast Chicken served with Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread 	MSC Breaded Fishfingers/ Salmon Fishfingers with Chips
Vegetarian Option	Vegetable Wraps with 50/50 Rice  	Quorn Burger in a bun with Potato Wedges	BBQ Quorn Fillet with Roast Potatoes & Gravy	Tomato Pasta with Garlic Bread 	Cheese & Tomato Pizza with Chips
Halal Option	<i>Either of the above choice available</i>	Quorn Burger in a bun with potato Wedges	Roast Chicken served with Roast Potatoes & Gravy	Tomato Pasta with Garlic Bread	<i>Either of the above choice available</i>
Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Peas
Dessert	Sticky Toffee Apple Crumble & Custard 	Mandarin Jelly 	Vanilla Shortbread	Apple, Cheese & Crackers	Chocolate & Beetroot Brownie
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week Two**  
13/09,  
04/10,  
01/11,  
13/12,  
17/01,  
07/02

Meat Option	Devil's Kitchen Sausage Dog with potato wedges 	Beef Pasta Bake	Roast Turkey Fillet with Roast Potatoes & Gravy	Sweet & Sour Chicken with 50/50 Rice  	MSC Fish in Batter with Chips
Vegetarian Option	Wholemeal Cheese & Tomato Quiche 	Vegetable Curry with Rice  	Quorn Roast Fillet with Roast Potatoes & Gravy	Mexican Bean Roll with Roasted New Potatoes 	Cheese & Tomato Pizza with Chips
Halal Option	<i>Either of the above choice available</i>	<i>Either of the above choice available</i>	Roast Turkey, Roast Potatoes & Gravy	<i>Either of the above choice available</i>	<i>Either of the above choice available</i>
Vegetables	Peppers Garden Peas	Green Beans Cauliflower	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
Dessert	Pear Crumble & Custard 	Chocolate Shortbread 	Lemon Drizzle Cake	Peach Upside Down Cake	Orange and Lemon Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily					

**Week Three**  
20/09,  
11/10,  
08/11,  
29/11,  
03/01,  
24/01,  
14/02

Meat Option	Vegetarian Lasagne 	Sausage Roll with Wedges	Roast Beef, Roast Potatoes & Gravy	Chicken & Broccoli Pasta Bake 	MSC Fishfingers with Chips
Vegetarian Option	Devil's Kitchen Meatballs in Tomato Sauce with Rice  	Devil's Kitchen Southern Style Vegan Burger with potato wedges 	Mixed Vegetable Loaf with Roast Potatoes and gravy	Wholemeal Vegetable Pasta Bake 	Cheese & Tomato Pizza with Chips
Halal Option	<i>Either of the above choice available</i>	Devil's Kitchen Southern Style Vegan Burger with potato wedges	<i>Either of the above choice available</i>	<i>Either of the above choice available</i>	<i>Either of the above choice available</i>
Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot & Swede Mash	Green Beans Cauliflower	Baked Beans Peas
Dessert	Rice Pudding with Berries	Chocolate Sponge and Chocolate Sauce	Jelly	Apple Sponge & Custard	Pinwheel Cookie 
Or a choice of Yoghurt & Fresh Fruit available daily					

**Available Daily:**  
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
- Bread freshly baked on site daily  
- Daily salad selection

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.